# HOT FOOD

## Available 1st and 2nd Breaks (must be ordered)

	Sausage Roll (Healthy Choice)	\$3.30
	Meat Pie (Healthy Choice)	\$3.85
	Cottage Pie (Healthy Choice)	\$4.00
	Bacon & Cheese Pie (Healthy Choice)	\$4.00
	Chicken Fried Rice (Homemade)	\$4.00
	Pasta Bolognese (Homemade)	\$4.00
GF	Pasta Bolognese—Gluten Free (Homemade)	\$4.50
	Garlic Bread	\$2.00
GF	Tomato or BBQ Sauce	\$0.30
Δνε	ailable 1st Break ONLY (must be ordered)	
,,,,,	anabio for Broak GHET (maor bo oracioa)	
	Chicken Breast Nuggets (4) & Salad	\$3.85
	Chicken Breast Nuggets (4) & Salad Additional Chicken Nuggets (salad pack <u>must</u> be ordered)	
	Chicken Breast Nuggets (4) & Salad	
	Chicken Breast Nuggets (4) & Salad Additional Chicken Nuggets (salad pack <u>must</u> be ordered)	\$0.50
	Chicken Breast Nuggets (4) & Salad  Additional Chicken Nuggets (salad pack <u>must</u> be ordered)  Chicken Strip Sub (Chicken Breast Tender, Lettuce, Mayo)	\$0.50 \$3.85
	Chicken Breast Nuggets (4) & Salad  Additional Chicken Nuggets (salad pack <u>must</u> be ordered)  Chicken Strip Sub (Chicken Breast Tender, Lettuce, Mayo)  Hamburger (Beef Pattie, Lettuce, Tomato, Cheese, Sauce)	\$0.50 \$3.85
	Chicken Breast Nuggets (4) & Salad  Additional Chicken Nuggets (salad pack <u>must</u> be ordered)  Chicken Strip Sub (Chicken Breast Tender, Lettuce, Mayo)  Hamburger (Beef Pattie, Lettuce, Tomato, Cheese, Sauce)  Homemade Pizza	\$0.50 \$3.85 \$3.85
	Chicken Breast Nuggets (4) & Salad  Additional Chicken Nuggets (salad pack <u>must</u> be ordered)  Chicken Strip Sub (Chicken Breast Tender, Lettuce, Mayo)  Hamburger (Beef Pattie, Lettuce, Tomato, Cheese, Sauce)  Homemade Pizza  Margherita (Cheese)	\$0.50 \$3.85 \$3.85 \$3.65

# **DAILY DEALS**

#### MONDAY

	Hot Dog (Tomato or BBQ Sauce)	\$3.50
	Add Cheese	\$0.50
TU	ESDAY	
GF	Taco Box	\$4.00
	(Mexican Beef Mince, Tortilla Chips, Lettuce, Tomato	& Cheese)
WEDNESDAY (MUST ORDER BY 2PM TUESDAY)		
	Sushi Roll	\$3.30

(Chicken & Avo, Teriyaki Chicken, Tuna, Vegetarian

#### or Smoked Salmon & Cream Cheese)

ТНІ	URSDAY	
' ' ' '		¢4.00
	Gourmet Wrap	\$4.00
GF	Gluten Free Gourmet Wrap	\$4.50
İ	Choice of Pulled Pork & Salad or Chicken Tender & Sal	ad, Aioli or
	Sweet Chilli Mavo	

## COLD FOOD

## Available 1st and 2nd Breaks (must be ordered)

andwiches <i>(White or Wholemeal)</i>		
	Jam, Honey or Vegemite	\$2.00
	Cheese or Salad	\$2.50
	Ham, Tuna or Egg	\$2.50
	Chicken	\$3.00
	Additional Items:	
	Salad	\$0.50
	Cheese	\$0.50
	Mayonnaise	\$0.20
	Egg, Lettuce and Mayo	\$2.80
	Ham, Cheese and Tomato	\$3.20
	Add: Wrap or White Roll	\$0.50
	Add: Toasted	\$0.50
	Add: Gluten Free Wrap	\$1.00
alads		
F	Garden Salad (Lettuce, Tomato, Cucumber, Carrot)	\$3.00
	Dressings - Mayo, Caesar, Balsamic	\$0.20
	Add: Cheese	\$0.50
	Add: Ham, Tuna or Egg	\$1.00
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# **DRINKS**

#### Available 1st and 2nd Breaks

Add: Chicken

Bottled Water	\$1.70
Popper Juice - Apple, Apple B/Currant, Tropical, Orange	\$1.80
Flavoured Milk 300ml - Choc or Strawberry	\$2.20
Krazy Lemon	\$2.20

# OTHER ITEMS

Handball	\$3.00
Hair Accessories	from \$3.50

## **SNACKS**

Ava	ailable 1st and 2nd Breaks	
GF	Watermelon Wedge	\$1.20
GF	Banana	\$1.20
GF	Grape Tub (seasonal)	\$1.20
GF	Apple Slinky	\$1.20
GF	Orange Wedges	\$1.20
GF	Fresh Fruit Tub	\$2.50
GF	Fresh Fruit Tub with Yoghurt	\$3.00
GF	Honey Yoghurt (Plain)	\$1.50
GF	Honey Yoghurt with Mango or Berry Coulis	\$1.80
	Yoghurt Berry Crunch	\$2.00
GF	Peckish Thins (Original, Cheddar, BBQ, Salt & Vinegar)	\$0.50
GF	Popcorn	\$0.50
	Monster Snacks (Variety of crackers, seeds & dried fruit)	\$0.50
GF	Bliss Balls - Homemade (Choc or Choc Mint)	\$0.60
GF	Hard Boiled Egg	\$1.00
	Cheese Stick (Stringers)	\$1.10

**GF** Snack Pack (Cheese, Carrots & Crackers x 4) (GF avail.) GF Dip & Sticks Pack (Hommus and Vege Sticks)

Muffin - Apple & Cinnamon, Berry or Banana

\$1.50

\$1.50 \$1.50

\$1.00

\$1.00

\$1.30

\$1.50

\$2.00

\$2.20

# FROZEN SNACKS

## **Available 2nd Break ONLY**

Vanilla Custard 150g Cookie - Jam Drop or Anzac

GF Messy Monkeys - Pizza or Burger

GF Gluten Free Muffin - Berry or Banana

Cheesymite Scroll - Cold or Warm

Lamington

\$1.50

Natural Juice Cup	\$0.25
Frozen Fruit (Watermelon, Pineapple, Grapes, Orange)	\$0.60
Chocolate or Strawberry Milk Freeze	\$0.80
Low-Fat Ice Cream Cup	\$0.80
Lemondade Icy Pole/Juicy Tube	\$1.00
Fruity Pop (Homemade) / Frozen Berries	\$1.00
Lifesaver/Frosty Fruit	\$1.30
Billabong (Chocolate or Rainbow)	\$2.00
Twisted Frozen Yoghurt (Blueberry, Strawberry, Mango)	\$2.00
Slushy (99% Fruit Juice)	\$2.00

#### How to Order from the Café

Our Café uses an online ordering system called Munch Monitor.

### How do I set up an account online?

Go to www.munchmonitor.com and enter

Username: brightwater Password: munch4557

Then click login and you're only 4 steps away

from ordering your child's lunch online.

Munch Monitor Helpline 1300 796 190 or help@munchmonitor.com

Please ensure your child knows what you have ordered for them.

Drinks & snacks are placed directly in the tubs (not in bags) and children will pick out the drink/ snack that they ordered. Drinks and snacks are labelled and they can confirm their snack with what is written on their food bag.

We are all human & mistakes do happen. Please let your child know to come see us straight away at the café if they do not get their lunch orders. We will never let a child go hungry & will always fix any errors!



# **Brightwater State School**

**Term 1 2019 Menu** 

Open Everyday! 8.00am - 2.30pm

#### **VOLUNTEERS... WE NEED YOU!!!**

Our school cafe can only run with the help of our wonderful Brightwater families. Volunteering in the cafe is a great way to meet other people and the kids love to see Mum, Dad or even Grandparents involved in their school.

Just an hour to spare every now & again is greatly appreciated. Did you know that when you volunteer for 2 hours or more you earn \$5 credit that will be added to your child' Munch Monitor account?

It feels great to volunteer - Come on and give it a go!!

Café Convenor: Rebecca Flood

Please contact her for any queries:

café@brightwaterss.eq.edu.au

Facebook: www.facebook.com/groups/BWSS.PandC/

## **Important Note:**

# Please note Munch Monitor cutoff online is 8.20am.

Students can order on their accounts direct from the Café until **8.35am**.

Any orders received after 8.35am will have limited choices available.



The Café can provide treats for the whole class for your child's birthday.

- Lemonade Icy Poles
- Juicy Tubes
- Lifesaver Icy Poles
- Frosty Fruit Icy Poles



## Coffee

The Café can satisfy your coffee cravings!
Coffee is available at the Café from 8am until
2.30pm. Why not grab a cup on your way to
work or before picking up the kids!